

**SWEDEN SENIOR CENTER**

permanent lunch list \_\_\_ van \_\_\_

**APRIL 2008 MENU**

Age 60+ \$2.50 Meal Donation

Cost to Make Meal: \$4.62

Meal Charge Under Age 60 \$4.00 Required

| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY  |
|---|---|---|--|---|
|   | 4/1<br>Lemon Pepper Cod w/<br>Tartar Sauce<br>Heart Healthy Pasta<br>Vegetable Soup<br>Dinner roll<br>Oatmeal Cookie              | 4/2<br>Cheese Ravioli w/Spaghetti<br>Sauce, Tossed Lettuce Salad<br>w/ carrots, red cabbage<br>Italian Beans w/ Sw. Red<br>Peppers, Italian Bread<br>Apricots | 4/3<br>Individual Meat Loaf w/<br>Vegetable Gravy<br>Scalloped Potatoes<br>Spinach<br>Wh. W. Bread<br>Mandarin Oranges | 4/4<br>Steak Diane w/Mushroom<br>Sauce<br>Mashed Potatoes<br>Carrots, Cauliflower<br>Dinner Roll<br>Raspberry Sherbet |
| 4/7<br>Chicken Cordon Bleu<br>Mexican Bean Soup<br>Broccoli<br>Wh. W. Bread<br>Butterscotch Pudding               | 4/8<br>Vegetable Lasagna<br>Tossed Lettuce Salad<br>w/red cabbage, tomatoes<br>Grape Juice, Green Beans<br>Italian Bread, Peaches | 4/9<br>Italian Sausage w/Onions &<br>Peppers / Roll<br>Corn Chowder<br>Cauliflower<br>Fresh Orange  | 4/10<br>Swedish Meatballs<br>w/ Sauce, Noodles<br>Brussels Sprouts, Beets<br>Dinner Roll<br>Petite Banana              | 4/11<br>Stuffed Cabbage w/ Tomato<br>Sauce<br>Chicken Vegetable Soup<br>Mixed Vegetables<br>Rye Bread, Applesauce     |
| 4/14<br>Mild Chili, Oyster Crackers<br>Tossed Lettuce Salad w/<br>Carrots, Green Peppers<br>Wax Beans<br>Apricots | 4/15<br>Breaded Cod w/ Tartar<br>Sauce, Minestrone<br>Steamed Potatoes<br>Wh. Wh. Bread<br>Pineapple                              | 4/16<br>BBQ Chicken Quarter<br>Baked Beans<br>Cauliflower<br>Corn Muffin<br>Sherbet   | 4/17<br>Sweet & Sour Pork<br>Over Rice<br>Carrot Salad<br>Spinach, Rye Bread<br>Fresh Orange                           | 4/18<br>Beef Cubes in Gravy<br>Mashed Potatoes<br>Broccoli<br>Dinner roll<br>Fruit Cocktail                           |
| 4/21<br>Pulled Pork Sandwich<br>Southwestern Chicken Soup<br>Coleslaw,<br>Hamburger Roll<br>Pears                 | 4/22<br>Meatballs, Pasta w/<br>Spaghetti Sauce<br>Tossed Salad w/ Carrots,<br>Gr. Peppers, It. Bread,<br>Mandarin Oranges         | 4/23<br>Individual Meatloaf w/ Veg.<br>Gravy, Steamed Potatoes<br>Chuck Wagon Corn<br>Hamburger Roll<br>Petite Banana   | 4/24<br>Seafood Salad<br>Beef Vegetable Soup<br>Shredded Lettuce<br>Tomato Slices<br>Wh. W. Bread, Pineapple           | 4/25<br>Hot roast Turkey Sandwich<br>w/ Gravy, Mashed Potatoes<br>Brussels Sprouts<br>Italian Bread<br>Peaches        |
| 4/28<br>Meat Lasagna<br>Tossed Lettuce Salad w/ Gr.<br>Peppers, Tomatoes<br>Cauliflower, Italian Bread<br>Sherbet | 4/29<br>Chicken Cordon Bleu<br>Spanish Style Lima Beans<br>Carrots, Dinner Roll<br>Fresh Orange                                   | 4/30<br>Hot Dog w/ Catsup,<br>Mustard, Roll<br>Orange Juice<br>Green Peas<br>Applesauce   |  |   |

**Sweden Senior Center Website: [swedenseniocenter.org](http://swedenseniocenter.org) OR Email us at: [swedenct@townofsweden.org](mailto:swedenct@townofsweden.org)**

No person shall be denied benefits or be subject to discrimination on the grounds of race, religion, national origin, disability or marital status under any program or activity receiving Federal assistance. This program is funded by participant, contributions, the US Administration on Aging, NYS Office for the Aging, Monroe County Dept. of Health Human Services/Offices for the Aging and the Town of Sweden.

**SWEDEN SENIOR CENTER  
APRIL 2008 MENU  
Cost to Make Meal: \$4.62**

permanent lunch list \_\_\_\_ van \_\_\_\_

Meal Charge Under Age 60 \$4.00 Required

Age 60+ \$2.50 Meal Donation

**Sweden Senior Center Website: [swedenseniorecenter.org](http://swedenseniorecenter.org) OR Email us at: [swedenct@townofsweden.org](mailto:swedenct@townofsweden.org)**

No person shall be denied benefits or be subject to discrimination on the grounds of race, religion, national origin, disability or marital status under any program or activity receiving Federal assistance. This program is funded by participant, contributions, the US Administration on Aging, NYS Office for the Aging, Monroe County Dept. of Health Human Services/Offices for the Aging and the Town of Sweden.

**SWEDEN SENIOR CENTER  
APRIL 2008 MENU  
Cost to Make Meal: \$4.62**

permanent lunch list \_\_\_\_ van \_\_\_\_

**Age 60+ \$2.50 Meal Donation  
Required**

**Meal Charge Under Age 60 \$4.00**

**Sweden Senior Center Website: [swedenseniorencenter.org](http://swedenseniorencenter.org) OR Email us at: [swedenct@townofsweden.org](mailto:swedenct@townofsweden.org)**

No person shall be denied benefits or be subject to discrimination on the grounds of race, religion, national origin, disability or marital status under any program or activity receiving Federal assistance. This program is funded by participant, contributions, the US Administration on Aging, NYS Office for the Aging, Monroe County Dept. of Health Human Services/Offices for the Aging and the Town of Sweden.