


SWEDEN SENIOR CENTER
133 State Street, Brockport, NY 14420
Phone: 585-637-8161 Fax: 585-637-0205

Activity Schedule
MARCH 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Lunch Served 12 PM, M-F Reservations required 2 weeks in advance	Every Monday 9:00-12:00 Quilting 10:30 Fun & Fitness 1:00 Open Tai-Chi 1:15 Stretch & Tone 2:15 Sweden Entertainers	Every Tuesday 9:30 Chess / Piano 9:30-noon Caseworker 10:30 Easy Exercise 1:00 Euchre	Every Wednesday 9:00 LineDancing **Men's Morning 9:30 Ceramics 10:00 Chorus 1:00 TableTennis, Bridge/Pinochle	Every Thursday 9:00 LineDancing 9:30 Crafts 1:15 Stretch & Tone 2:00 Photo Archive	Every Friday 9-2 Table Tennis 9:30 Beg. Computer Class 10:30 Exercise 1:00 Bingo 1-3 Matter of Balance 2:15 Tai Chi	Caseworker ElderSource 9:30-12, EVERY TUESDAY. Walk-in appointments.
						3/1
3/2  Billiards, Treadmills & Exercise Bikes Daily	3/3 11 Kim Barrett: Selling Your Home 12 Book Club	3/4 11:30 Laurie: Talks about Manicures and Paraffin Bath for Hands VAN Banking AM VAN Wal-Mart PM	3/5 11:30 Brain Teaser VAN Wegmans PM	3/6 11:45 Elderberry 12:30 Pat Sullivan: Diabetes	3/7 11:30 Nat'l Gallery of Art: Penn- German Folk Art 1-3 Matter of Balance begins - sign up.	3/8
3/9	3/10 9:30-12:30 Footcare: Robin \$15 sign up SUNY Art Faculty Exhibit 10:30-11:30 \$2 1 Sweden Senior Assoc., Inc.	3/11 11:30 Brain Teaser VAN Library AM VAN Aldi's PM	3/12 1:30 Staff Meeting VAN Wal-Mart PM	3/13 10:30 Low Vision Support : Mary & Seeing Eye Dog 1 Gifts from the Kitchen- Sign up	3/14 10:30 Diabetes Support Group Tai Chi ends Computer class ends	3/15
3/16	3/17 11 St. Patrick's Day party \$1 Easter Basket Sale this wk.	3/18 11 B/P 1 Painting class begins sign up VAN Wal-Mart PM	3/19 10:30 Fundraiser Mtg. 1 Genealogy wkshp. begins sign up Bad Dates @ GEVA lv. 12:15 rt. 5:15 sign up Bake Sale VAN Ryans PM	3/20 11:45 Elderberry VAN Banking AM Bake Sale	3/21 Center closed Good Friday	3/22
3/23 3/30	3/24 10 Journaling Begins Sign up 11:30 Brain Teaser 3/31	3/25 10:30 Towpath Button Club VAN Dollar Store PM	3/26 Monthly Birthday Celebration 1:30 Staff Meeting VAN Wegmans PM	3/27 10:30 Low Vision Support 11:15 Healthy Eating w/ Brianna: Soup 1 Gifts from the Kitchen	3/28 10:15 to 2:30 Shop @ Greece Ridge Mall \$2.50 sign up Manicures by Laurie Sign up \$10	3/29

Sweden Senior Center Website: swedenseniorcenter.org OR Email us at: swedenct@townofsweden.org

MEN'S MORNING Men gather in billiard rm. Play cards & billiards. Coffee provided.

No person shall be denied benefits or be subject to discrimination on the grounds of race, religion, national origin, disability or marital status under any program or activity receiving Federal assistance. This program is funded by participant, contributions, the US Administration on Aging, NYS Office for the Aging, Monroe County Dept. of Health Human Services/Offices for the Aging and the Town of Sweden.

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